

# Graphical Abstract

Effect of Aerobic Interval Training on Fatigue and Functional Performance in Post-Angioplasty Patients: A Randomized Controlled Trial

## AUTHORS

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## BAGGRROUND

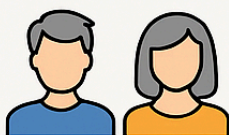


- Coronary artery disease  
Fatigue and impaired functional performance after angioplasty



## OBJECTIVE

Evaluate effects of aerobic interval training combined with medication



## METHOD

Single-blind randomized trial  
 $n = 47$  patients aged 40-65



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Medication + AIT



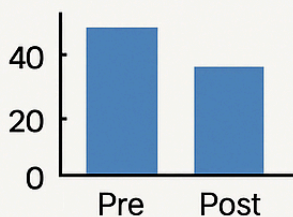
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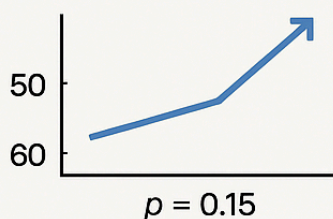
AIT

4 weeks

### Fatigue Severity Scale



### 6-Minute Walk Test



Greater improvements with AIT



## CONCLUSION

- AIT reduces fatigue