

Graphical Abstract

Effects of Active Cycle of Breathing Techniques on Pulmonary Function, Sputum Clearance, Chest Expansion, and Exercise Capacity in Tuberculosis Patients

AUTHORS

Muhammad Abdullah, Ahmad M, Ahmad S, Ashraf HI, Rehman SA

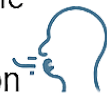


Background

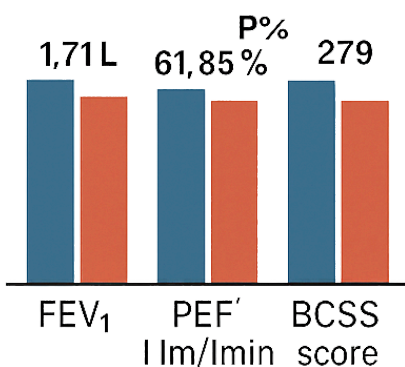
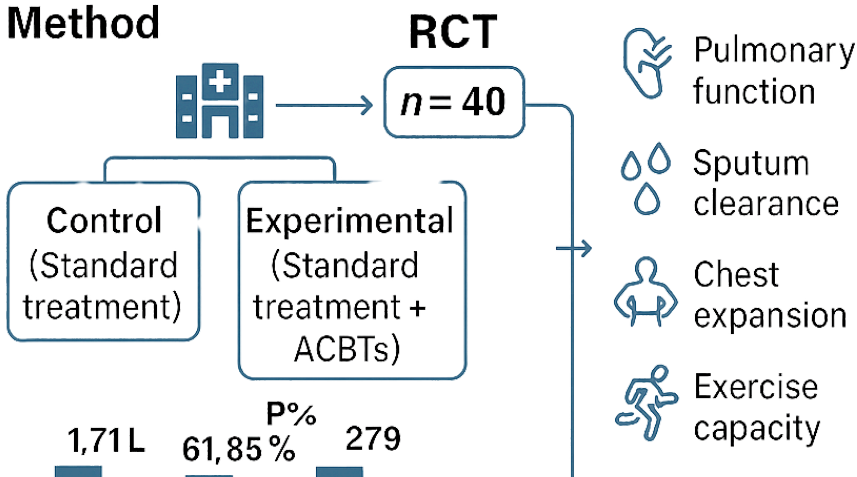
Residual pulmonary dysfunction and impaired exercise capacity persist after treatment of pulmonary tuberculosis

Objective

To evaluate the effects of Active Cycle of Breathing Techniques (ACBTs) in pulmonary tuberculosis rehabilitation



Method



Results

ACBTs significantly improved pulmonary function, chest mobility, airway clearance, and symptom burden

Conclusion

ACBTs significantly improved pulmonary function, chest mobility, airway clearance, and symptom burden