

Graphical Abstract

Gaslighting, Emotional Abuse, and Mental Health in
Adults' Romantic Relationships

AUTHORS

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GRAPHICAL ABSTRACT

Gaslighting
47,4%



Objective Examine the associations between gaslighting, emotional abuse, and mental health in adults' romantic relationships



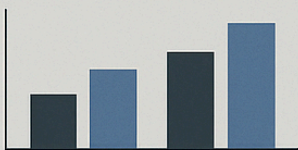
198 adults
in romantic
relationships
surveyed



Gaslighting

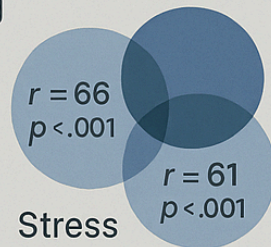


Emotional
abuse



$P = 0,61$ $p < 0,001$

$r = 0.61$
 $p < 0,001$



Stress



Gaslighting and emotional
abuse are linked to poor
mental health outcomes

Conclusion

Gaslighting and
emotional abuse
are linked to poor
mental health

