

GRAPHICAL ABSTRACT

Prevalence and Risk Factors of Osteoporosis Among
Postmenopausal Women in Timergra Teaching Hospital, Dir Lower

AUTHORS

Mariam M, Tehsin U

Background

Osteoporosis is common among postmenopausal women



Objective

To estimate the prevalence of osteoporosis and associated risk factors



Results

Cross-sectional study of
385 postmenopausal women

Results

50%

with
osteoporosis



- Advanced age
- Lower calcium intake
- Low physical activity
- Higher PTH levels



Conclusion

Osteoporosis is prevalent in postmenopausal women, with modifiable risk factors identified

